COMMUNITY PHYSIOTHERAPY

Total Duration : Section A + B = 3 Hours
Total Marks : 80

SECTION - A and SECTION - B

Instructions: 1) Use blue/black ball point pen only.
2) Do not write anything on the blank portion of the question paper. If written anything, such type of act will be considered as an attempt to resort to unfair means.
3) All questions are compulsory.
4) The number to the right indicates full marks.
5) Draw diagrams wherever necessary.
6) Distribution of syllabus in Question Paper is only meant to cover entire syllabus within the stipulated frame. The Question paper pattern is a mere guideline. Questions can be asked from any paper's syllabus into any question paper. Students cannot claim that the Question is out of syllabus. As it is only for the placement sake, the distribution has been done.
7) Use a common answerbook for all Sections.

SECTION — A SAQ (50 Marks)

1. Short answer question (any five out of six) : (5x3=15)
   a) Diastasis recti.
   b) Role of anganwadi worker in community based rehabilitation.
   c) Describe the primary health care setting.
   d) Work Conditioning.
   e) Complications of caesarian section.
   f) Enumerate exercises contraindicated during pregnancy.

2. Short answer question (any five out of six) : (5x7=35)
   a) Age related changes in neurological system.
   b) Physiotherapy management of pain during labor.
   c) Importance of physiotherapy in post menopausal women.
   d) Principles of CBR and team members of Community based rehabilitation.
   e) Theories of aging.
   f) Functional capacity assessment.
SECTION — B LAQ (30 Marks)

3. Long answer question (any one out of two) : (1x15=15)
   a) 25 years old female undergone elective caesarian section following Cephalo Pelvic
      Disproportion. Plan your management and Home programme.
   b) Write physiotherapy program for bus driver who is diagnosed with cervical
      spondylosis since 2 yrs. Write ergonomic advice for driver.

4. Long answer question (any one out of two) : (1x15.15)
   a) Following recent camp in the remote village, Mr. X 38 years old male, teacher by
      profession, below knee amputee was identified. Mr. X was discharged following
      selective amputation three weeks before.
      i) Give your functional diagnosis.
      ii) Plan you'r Community based rehabilitation program.
   b) 65-years old female, who lost her husband year ago moved into old age home,
      comes with chief complaints of pain in her left knee and finds difficulty in climbing
      stairs to reach her room and using Indian toilet. She also complains of loss of
      balance twice in the past one month. She expresses to lead a quality of life in her
      remaining days.
      i) What is your method of assessment in this case ?
      ii) Enumerate the impairments and plan the management.