Fourth B.P.Th. (Revised) Examination, Summer 2012
PHYSIOTHERAPY IN COMMUNITY HEALTH

Total Duration: Section A + B + C = 3 Hours
Section B & C Marks: 60

SECTION - B & SECTION - C

Instructions:
1) All questions are compulsory.
2) The number to the right indicates full marks.
3) Draw diagrams wherever necessary.
4) Do not write anything on the blank portion of the question paper. If written anything, such type of act will be considered as an attempt to resort to unfair means.

SECTION - B

2. Answer the following (any five out of six):

(a) Define health and disease.
(b) Define rehabilitation and name two models of rehabilitation.
(c) Enumerate factors responsible for morbidity.
(d) Define the components of community based rehabilitation.
(e) Enumerate the importance of cool down exercises.
(f) Define Fitness.

(5x3=15)

3. Answer the following (any three out of four)

(a) Discuss role of breathing control during labour.
(b) Discuss the various levels of prevention of disability.
(c) Discuss “Successful Ageing”.
(d) Discuss principles of exercise prescription.

(3x5=15)

P.T.O
SECTION - C

4. Discuss the role of exercise and relaxation in lifestyle modification of 35 years executive in multinational company.
   i) Discuss functional diagnosis.
   ii) Ergonomic advice.
   iii) Discuss the plan of management with precautions to be observed.

5. Discuss the role of exercise and exercise prescription for 50 years old lady with Diabetes.
   i) Discuss functional diagnosis.
   ii) Ergonomic advice.
   iii) Discuss the plan of management with precautions to be observed.

OR

6. Design aerobic exercise training program for 46 years old lady, weight 80 kg, height 150 cm with OA knees.
   i) Discuss the functional diagnosis.
   ii) Ergonomic advice.
   iii) Discuss the need for weight reduction and plan exercise program.