Third Basic B.Sc. Nursing Examination, Summer 2016
MENTAL HEALTH NURSING

Total Duration: Section A + B = 3 Hours
Total Marks: 75

Instructions:
1) Use blue/black ball point pen only.
2) Do not write anything on the blank portion of the question paper. If written anything, such type of act will be considered as an attempt to resort to unfair means.
3) All questions are compulsory.
4) The number to the right indicates full marks.
5) Draw diagrams wherever necessary.
6) Distribution of syllabus in Question Paper is only meant to cover entire syllabus within the stipulated frame. The Question paper pattern is a mere guideline. Questions can be asked from any paper’s syllabus into any question paper. Students cannot claim that the Question is out of syllabus. As it is only for the placement sake, the distribution has been done.
7) Use a common answerbook for all sections.

SECTION – A

1. Short answer question (any five out of six):
   a) How will you assess for insight? Write down the grades of insight.
   b) Cognitive Behavior Therapy.
   c) Causes of alcoholism.
   d) Etiological factors for mental retardation.
   e) Rights of patient in psychiatry.
   f) Nursing management of patient with bipolar mood disorders.

Long answer question (any one out of two):
   a) Define mental health. List components of mental health and write indicators of mental health.

   b) Define phobia. List types and clinical features of phobia. Write any two priority nursing diagnosis for phobic patient.

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SECTION – B

3. Short answer question (any four out of five):
   a) Describe clinical features of depression.
   b) Write note on crisis intervention.
   c) Electro convulsive therapy.
   d) Write role of a nurse in preventive psychiatry.
   e) Management of catatonic stupor.

4. Long answer question (any one out of two):
   a) Define nurse patient relationship. Enumerate the conditions essential for development of therapeutic relationship. Describe management of patient with major depression.
   b) Define the term personality. List the types of personality. Write the nursing care plan for paranoid personality disorder.